



## 2010 Summer Camp Swim Schedule

### Swim Safety Rules

*(Parents – Please go over these with your child.)*

The swimming pool is a great place to be on a hot summer day, and we want you to have a terrific time. Here are some Swim Safety Rules to keep it fun for everyone:

- As soon as you arrive at the pool, change into your swim suit (i.e., cutoffs, shorts or underwear are not allowed), and bring your belongings to the designated camp location for safekeeping. Do not leave belongings in the changing room. **Please do not bring valuables to the Camp or Pool.**
- You are expected to always listen to and follow the directions of the camp and pool staff and any PA announcements.
- You may not run in the area around the pool, push others into the pool, or take part in horseplay that might result in injury.
- On the first swim day of each session, a swim test will be given to determine whether or not you need to remain in shallow water.
- For your safety, a buddy system may be used at the pool, at which time you will be paired with a buddy according to your swimming ability.
- Once you are given the signal to enter the pool, you must remain reasonably close to your buddy.
- You are to look out for your buddy, and call for help if he or she is having trouble in the water.
- If you or your buddy wants to leave the pool, the other buddy must also leave the water at the same time.
- If you lose track of your buddy, you may have to get out of the pool until your buddy is located.

## Swim Schedule

**Note:** Swimming is cancelled only for thunder and lightning. A rainy day can be a fun swim day, and camps will go to the pool.

Most camps are transported to outdoor Recreation Department pools by Montgomery County Public School buses. Camps typically are at the pool from 11:15 am to 1:00 pm on their designated day(s). Check the list below so your child is prepared to swim on the scheduled day. Recreation Department pools are not open to the public during camp swim times; however pool lifeguards and staff are on duty.

Camp	Days of the Week	Pool
Bells Mill Center Stage, 9-12	T & Th	Bethesda Pool
Bells Mill Breezy Hollow, 5-8	T & Th	Bethesda Pool
Potomac CC Patowmack, 5-8	T & Th	Bethesda Pool
Potomac CC Third Quarter, 8-12	T & Th	Bethesda Pool
Potomac ES Sports Etc., 5-8	T & Th	Bethesda Pool
Pyle MS Arrowhead, 5-8	T & Th	Bethesda Pool
Pyle MS Sports Unlimited, 8-12	T & Th	Bethesda Pool
Germantown Microstars, 6-8	T & W	Germantown Pool
Kingsview Young Artist, 6-8	T & W	Germantown Pool
Kingsview Creative Theatre, 9-12	T & W	Germantown Pool
Rocky Hill Break-into-Broadway, 6-8	T & W	Germantown Pool
Rocky Hill Sportzone, 8-12	T & W	Germantown Pool
Bauer CC Bobcat, 6-8	T & Th	Glenmont Pool
Beverly Farms Art Expressions, 6-8	T & Th	Glenmont Pool
Explorer, 9-13	T & Th	Glenmont Pool
Wood MS Sports Express, 8-12	T & Th	Glenmont Pool
White Oak MS Little Terps, 5-8	T & TH	MLK Pool
White Oak MS Big Terps, 8-12	T & TH	MLK Pool
DuFief Exploration in Science, 6-8	T & Th	Upper County Pool
DuFief Little Creek, 5-8	T & Th	Upper County Pool
Dufief All Stars, 8-12	T & Th	Upper County Pool
Hidden Spring, 9-13	T & Th	Upper County Pool
Longwood Woodland, 5-8	T & Th	Upper County Pool
Shady Grove Big Woods, 5-8	T & Th	Upper County Pool
Shady Grove Shooting Stars, 8-12	T & Th	Upper County Pool
On-the-Go ( <i>all locations</i> )	T	Swim destinations vary. Refer to camp newsletter.

**Note:** Seneca Creek has a pool on site and may swim every day.